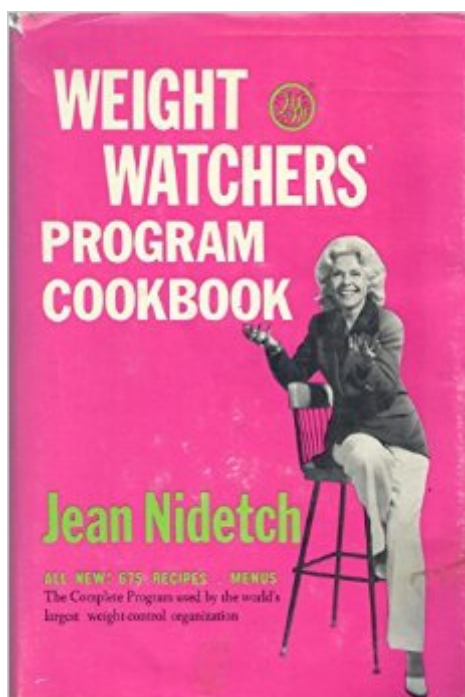


The book was found

# WEIGHT WATCHERS PROGRAM COOKBOOK 1973



## Synopsis

THIS IS ONE OF JEAN NIDETCH'S EARLY EDITIONS.

## Book Information

Hardcover

Publisher: HEALTHRIDGE PRESS; EARLY edition (1973)

ASIN: B003CIRG4U

Product Dimensions: 8 x 5.6 x 1.2 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #1,765,801 in Books (See Top 100 in Books) #333 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

## Customer Reviews

I've been looking for a lost recipe on-line for years and suddenly realized since I remembered the cookbook it was in all I needed to do was find a copy of the cookbook. Sure enough it was easy to find on and thanks to the speedy (not expedited) shipment of the seller I had that recipe in a few days. Great service!

[Download to continue reading...](#)

Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016  
Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers  
2016) (Volume 1) Weight Watchers: The Best Proven Tips, Tricks & Recipes To Simple Start,  
Losing Weight And Feeling Great! (weight watchers recipes, weight watchers cookbook, weight  
watchers 2016, weight loss) Weight Watchers: Smart Points Guide - 77 Delicious Weight Watchers  
Recipes For Rapid Weight Loss! (Smart Points, Weight Watchers Cookbook, Weight Watchers  
2016, Recipes) Weight Watchers: Fast Start For Beginners. Friendly Guide That Will Help You To  
Lose First 20 Lbs In 20 Days: (Weight Watchers, Weight Watchers Simple ... loss tips, weight  
watchers for beginners) WEIGHT WATCHERS RECIPES: Weight Watchers Slow Cooker Cookbook  
The SmartPoints Diet Plan: Easy Crockpot Recipes for Rapid Weight Loss including SmartPointTM  
(Weight Watchers Smart Point Recipes) Weight Watchers All-Time Favorites: Over 200 Best-Ever  
Recipes from the Weight Watchers Test Kitchens (Weight Watchers Cooking) Weight Watchers:  
Top Desserts For Weight Loss: The Smart Points Cookbook GuideÂ© with over 100+ Approved  
Dessert Recipes (Weight Watchers Desserts, Start the Easy Points Plus Diet) WEIGHT

WATCHERS PROGRAM COOKBOOK 1973 Weight Watchers: The Top Weight Watchers Mistakes you NEED to Avoid with Step by Step Strategies for the Fastest Scientifically Proven Way To Lose Weight (Easy Smart Points Guide) Weight Watchers New Complete Cookbook, Fifth Edition: Over 500 Delicious Recipes for the Healthy Cook's Kitchen (Weight Watchers Cooking) Weight Watchers: The Smart Points Cookbook GuideÂ© with over 100+ Approved Dessert Recipes (Weight Watchers Desserts, Start the Easy Points Plus Diet) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Weight Watchers Family Meals: 250 Recipes for Bringing Family, Friends, and Food Together (Weight Watchers Lifestyle) Weight Watchers In 20 Minutes (Weight Watchers Cooking) Weight Watchers All-Time Favorites: Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens Weight Watchers: Delicious Weight Watchers Points Plus Chicken Recipes Weight Watcher for Rapid Weight Loss: Lose Up To 30 lbs. in 30 Days (Weight Watchers Low Fat Low Carb Weight Loss Diet Book) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Weight Watchers' Quick Success Program Cookbook

[Dmca](#)